



PROSTATE

Support your prostate wellbeing with ProfBiotics EB*3

A vitamin and dietary supplement* formulation to support prostate wellbeing

EB*3 PRODUCT INFORMATION LEAFLET

A vitamin and dietary supplement* formulation to support prostate wellbeing.

Please read this information leaflet and keep it for future reference.

EB*3 is not a medicine and does not replace the need to eat a varied and balanced diet or reduce your need to exercise.

EB*3 is a formulation of vitamin and food supplements.

This leaflet will tell you:

1. What this product is
2. How you should use it
3. How to look after it
4. What to do if you experience an unexpected reaction
5. Where you can get more information

1. PRODUCT DESCRIPTION

EB*3 contains a unique blend of ingredients chosen after expert review.

Do supplements work?

There is an extensive body of evidence surrounding each of the ingredients used in this food supplement.

The ProfBiotics team has researched the evidence as it relates to individual vitamins and food supplements, and published its findings in respected peer reviewed medical journals.

This evidence has led to the formulation of EB*3.

We advocate that the best way to obtain micronutrients is via the diet, however when this is not possible taking a specific supplement such as EB*3 is appropriate.

Ingredients list for EB*3

Each EB*3 vegetarian capsule provides:

Green Tea	30:1 - 33.34mg providing 1000mg whole herb equivalent
Pomegranate	25:1 - 20mg providing 500mg whole fruit equivalent
Lycopene-rich Tomato powder	10mg (excipient)
Rice flour	Hydroxypropylmethyl Cellulose (HPMC)
Vegetable Capsule	

Why these ingredients?

✓ Green Tea

It is widely accepted that phenolic compounds contained in green tea have potential health benefits. Green tea contains several forms of polyphenol flavanols called catechins, of which epigallocatechin-3-gallate (EGCG) is the most abundant.

- Powerful antioxidants beneficial to human health, due to antioxidant activity**
- Helps to maintain men's health**
- Protect prostate health**
- Helps to protect prostate from oxidative damage**

✓ Pomegranate

Pomegranate is a fruit studied for its supportive health properties in the prostate gland. The positive effects are thought to be due to the polyphenol gallic acid compounds inside pomegranates. Supplements provide a concentrated version of whole pomegranate fruit.

✓ Lycopene

Lycopene is a bright red carotenoid which gives tomato and other fruits such as watermelon, pink grapefruit, pink guava and papaya their colour. Lycopene is a powerful antioxidant but may also have additional properties that add to its role as a support to the prostate gland.

Rice flour is used as an excipient. This contributes nothing to the nutritional value of EB*3 but is necessary in the production of capsules as an anti-caking agent to help ensure that the blend of ingredients is the same in all capsules.

Additional information:

*denotes claims adopted from the EU Register on nutrition and health claims

** denotes claims from EFSA Article 13.1 botanicals on hold list

*Food Supplements do not replace the need for a healthy lifestyle and a varied and balanced diet.

Per Container: 60 capsules

Pack net weight 36g

2. RECOMMENDED DOSE

Adults should take 2 capsules daily with a small amount of food containing fat (e.g. olive oil) to aid absorption. Fat in the diet may help the absorption of lycopene.

Not recommended for children under the age of 18 years.

There is no risk attached to missing capsule doses.
You can stop taking EB*3 at any time.

If you find it difficult to swallow EB*3 capsules, you can pull the shell apart and sprinkle into foods or drinks containing a small amount of fat.

Before you take EB*3

If you are on medication, or have a medical condition please consult your medical practitioner before taking this product. Green tea may interact with some medications.

3. STORAGE

Do not use if the seal is broken or if packaging is damaged in any way.

Keep out of reach of children.

To maintain potency, close the lid tightly and store in a cool dry place.

Ideally store under 30°C out of direct sunlight.

4. ALLERGY AND ADDITIONAL INFORMATION

In the event that you experience any reaction caused by taking EB*3 seek the advice of your doctor immediately.

May contain traces of nuts

Contains rice and rice derivatives.

Contains pomegranate and pomegranate seed derivatives.

Contains maize and maize derivatives.

Contains corn and corn derivatives from maltodextrin.

Contains fruit and fruit derivatives from pomegranate and tomatoes.

Contains natural caffeine.

5. MORE INFORMATION

Please visit: www.profbiotics.com

E-mail: info@profbiotics.com

Phone: +44 (0)20 7193 8838

Post: **ProfBiotics Ltd, Ground Floor,
2 Harley Street, London, W1G 9PA, UK**

References

Visit www.profbiotics.com for overview and full list of ingredient references and for access to published texts.

ProfBiotics® and ProfBiotics evidence based® are brands of ProfBiotics Ltd.